

SATURDAY P.M.

5:00 - 6:00 PM

- Rm 1 Loving an Alcoholic
- Rm 2 Wisdom to Know the Difference
- Rm 3 The Four "M's"
- Rm 5 AA - Resentment - The #1 Killer
- Rm 6 Alateen Mtg.

6:30 - 8:00 PM - BANQUET (Grand Ballroom)

8:00 PM



Recorded

GENERAL MEETING

Chairperson:

Al-Anon Keynote Speaker:

10:00 - 11:00 PM

- Rm 2 Let Your Light Shine
- Rm 5 AA - PickUp Meeting

DANCING TIL 12:30 !!!



All Al-Anon Workshops are upstairs above the lobby.
AA Workshops & Alateen Meetings are located
near the Hospitality Room.

- Rm 1 - Bass River Room
- Rm 2 - Hyannisport East Room
- Rm 3 - Hyannisport West Room
- Rm 4 - Cape Cod Room
- Rm 5 - Osterville A & B
- Rm 6 - Orleans A & B
- Rm 7 - Barnstable Room III (AMIAS)
- Suite 104 - Hotel Suite on the first floor

SUNDAY A.M.

7:00 - 9:00 AM

Breakfast Buffet in the Grand Ballroom

9:00 - 10:00 AM

- Rm 4 *Spiritual Walk #3 (limited to 80 people)*
- Rm 1 Good Grief - Healing in Al-Anon #2
- Rm 2 Concept of Service
- Rm 3 One Step at a Time
- Rm 5 AA - Feelings *Nothing More than Feelings*
- Rm 6 Alateen Mtg.

10:15 - 12:00 Noon



Recorded

SPIRITUAL MEETING

Chairperson:

AA:

Al-Anon:

Alateen:

CLOSING: General Chairperson

THE 2010 CONVENTION COMMITTEE

*Please wear your Name Badge
at all times*

34th Annual Massachusetts Al-Anon/Alateen Convention with AA Participation

April 16, 17, 18
2010



**Invitation
to
Happiness**

**Resort and Conference
Center at Hyannis**

35 Scudder Avenue
Hyannis, MA 02601

FRIDAY P.M.

5:00 - 7:00 PM

Reception in the Hospitality Room

5:00 - 6:00 PM

Rm 1 Keep it Simple
Rm 2 Moving Out of Chaos
Rm 5 AA - Acceptance

6:30 - 7:30 PM

Rm 1 Healing thru Forgiveness
Rm 2 Progress not Perfection
Rm 5 AA - Traditions
Rm 6 Alateen Mtg.

8:00 - 10:00 PM



Recorded

GENERAL MEETING

Chairperson:
AA:
Al-Anon:
Al-Anon:

10:15 - 11:00 PM

Rm 1 Happy, Joyous & Free
Rm 2 Awareness, Acceptance, Action
Rm 3 When I Got Busy, I Got Better
Rm 4 Step 11
Rm 5 AA - PickUp Meeting
Rm 6 Alateen Mtg.
Hospitality Room - Entertainment!

Need a Quiet Meditation Area?
Hotel Suite #104 (located on the first floor)
is available during the Convention

SATURDAY A.M.

7:00 - 9:00 AM

Breakfast Buffet in the Grand Ballroom

8:30 - 9:30 AM

Rm 1 Intimacy
Rm 2 Setting Boundaries
Rm 3 Get a Life
Rm 4 *Spiritual Walk #1 (limited to 80 people)*
Rm 5 AA - Laughter the Best Medicine
Rm 6 Alateen Mtg.

9:45 - 10:45 AM



Recorded

GENERAL MEETING

Chairperson:
AA:
Al-Anon:

9:45 - 10:45 AM

Rm 1 Courage to Change
Rm 6 Alateen Mtg.

11:00 - 12:00 Noon

Rm 1 A Family Disease - But It's My Kid
Rm 2 Recover or Repeat
Rm 3 Good Grief - Healing in Al-Anon #1
Rm 4 Yoga
Rm 5 AA - Intimacy & Relationships
Rm 6 Alateen Mtg.
Rm 7 AMIAS (*Alateen Sponsor Training Mtg.*)

11:00 - 1:00 PM LUNCH

Available in the Grand Ballroom
*Alternatives: In hotel - Bogey's or Mulligan's
or Downtown Hyannis*

SATURDAY P.M.

1:00 - 2:00 PM



Recorded

GENERAL MEETING

Chairperson:
Al-Anon:
Al-Anon:

1:00 - 2:00 PM

Rm 1 Step 1-2-3
Rm 2 Sharings Through Writing
Rm 5 AA - Getting to Gratitude
Rm 6 Alateen Mtg.

2:30 - 3:30 PM



Recorded

GENERAL MEETING

ALATEEN KEYNOTE PANEL

2:30 - 3:30 PM

Rm 4 *Spiritual Walk #2 (limited to 80 people)*
Rm 1 Financial Responsibility
Rm 2 Life's a Beach (*Beach Ball Mtg.*)
Rm 3 Al-Anon for Grandparents
Rm 5 AA - Complacency

3:45 - 4:45 PM



Recorded

GENERAL MEETING

Chairperson:
AA Keynote Speaker:

3:45 - 4:45 PM

Suite 104 Prayer & Meditation (*Step 11*)
Rm 1 Treating Ourselves Well
Rm 2 Rediscovering Joy
Rm 3 Expectations
Rm 6 Alateen Mtg.